

30
^^Ace Power Lunch^^
Trix Yogurt, String Cheese & Pretzel Twist

side items

31

side items

1
Cheeseburger
Turkey & Cheese Sandwich
Sunbutter & Jelly Sandwich

side items
Steamed Carrots, Romaine Mix, Celery Sticks, Baby Carrot, Green Peppers
Apple, Applesauce

2
Early Release

side items

3
Cheese Pizza
Turkey & Cheese Sandwich
Sunbutter & Jelly Sandwich

side items
Peas, Romaine Mix, Celery Sticks, Baby Carrot, Jicama Sticks
Apple, Applesauce

6
Pancakes w/ Syrup, Cheesy Omelet
Turkey & Cheese Sandwich
Sunbutter & Jelly Sandwich

side items
Corn, Romaine Mix, Celery Sticks, Baby Carrot, Tomato Wedges
Apple, Applesauce

7
Corn Dog
Turkey Chef Salad w/ Roll
Sunbutter & Jelly Sandwich

side items
Baked Beans, Romaine Mix, Celery Sticks, Baby Carrot, Cucumber Slices
Apple, Applesauce

8
Cheeseburger
Turkey & Cheese Sandwich
Sunbutter & Jelly Sandwich

side items
Steamed Carrots, Romaine Mix, Celery Sticks, Baby Carrot, Green Peppers
Apple, Applesauce

9
Early Release

side items

10
Parent Conferences - No School

side items

13
Bosco Sticks w/Marinara Sauce
Turkey & Cheese Sandwich
Sunbutter & Jelly Sandwich

side items
Corn, Romaine Mix, Celery Sticks, Baby Carrot, Cucumber Slices
Apple, Applesauce

14
Chicken Nuggets w/Breadstick
Turkey Chef Salad w/ Roll
Sunbutter & Jelly Sandwich

side items
Baked Beans, Romaine Mix, Celery Sticks, Baby Carrot, Tomato Wedges
Apple, Applesauce

15
Hot Dog on Bun
Turkey & Cheese Sandwich
Sunbutter & Jelly Sandwich

side items
Steamed Carrots, Romaine Mix, Celery Sticks, Baby Carrot, Cucumber Slices
Apple, Applesauce

16
Cheeseburger
Ace Power Lunch
Sunbutter & Jelly Sandwich

side items
Green Beans, Romaine Mix, Celery Sticks, Baby Carrot, Green Pepper
Apple, Applesauce

17
Cheese Pizza
Turkey & Cheese Sandwich
Sunbutter & Jelly Sandwich

side items
Peas, Romaine Mix, Celery Sticks, Baby Carrot, Jicama Sticks
Apple, Applesauce

20
Chicken Patty Sandwich
Turkey & Cheese Sandwich
Sunbutter & Jelly Sandwich

side items
Corn, Romaine Mix, Tomato Wedges, Celery Sticks, Baby Carrots
Apple, Applesauce

21
Chicken Tenders w/ Bread Stick
Turkey Chef Salad w/ Roll
Sunbutter & Jelly Sandwich

side items
Baked Beans, Romaine Mix, Celery Sticks, Baby Carrot, Cucumber Slices
Apple, Applesauce

22
Thanksgiving Break - No School

side items

23
Thanksgiving Break - No School

side items

24
Thanksgiving Break - No School

side items

27
Corn Dog
Turkey & Cheese Sandwich
Sunbutter & Jelly Sandwich

side items
Corn, Romaine Mix, Celery Sticks, Baby Carrot, Green Peppers
Apple, Applesauce

28
Chicken Nuggets w/Breadstick
Turkey Chef Salad w/ Roll
Sunbutter & Jelly Sandwich

side items
Baked Beans, Romaine Mix, Celery Sticks, Baby Carrot, Tomato Wedges
Apple, Applesauce

29
Pancakes w/ Syrup, Cheesy Omelet
Turkey & Cheese Sandwich
Sunbutter & Jelly Sandwich

side items
Steamed Carrots, Romaine Mix, Celery Sticks, Baby Carrot, Cucumber Slices
Apple, Applesauce

30
Cheeseburger
Ace Power Lunch
Sunbutter & Jelly Sandwich

side items
Green Beans, Romaine Mix, Celery Sticks, Baby Carrot, Zucchini
Apple, Applesauce


1
Cheese Pizza
Turkey & Cheese Sandwich
Sunbutter & Jelly Sandwich

side items
Peas, Romaine Mix, Celery Sticks, Baby Carrot, Jicama Sticks
Apple, Applesauce

****Menu Subject to Change****



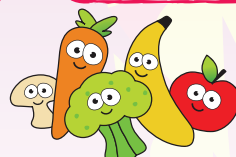
Lunch Prices: Paid \$2.70, Reduced \$1.40. Part time jobs are available with Food Service. Call Colleen Koehler at 815-754-2110.

 Local ingredients are always used when in season

 Ovo-Lacto Vegetarian, may contain Egg & Milk

Nutritional Messages may vary by school.

This institution is an equal opportunity provider.



Fruits & Veggies

Assorted Fresh Fruits & Veggies Served Daily. All students must take a 1/2 cup of fruits & veggies with lunch.



Grains

All Grains Served are Whole Grain-Rich.



Milk

1% White and Fat Free Chocolate Served Daily.